# Hand

#### Therapies

The Manicure ..... \$45

A nail treatment; cleansing, filing, polishing and buffing. Your choice of natural or polished nails.



Gentleman's Manicure ...... \$40 A basic manicure; cleansing, filing, moisturizing, with hand & arm massage. Nails are buffed and a clear polish is applied, if desired.

Teen Manicure (Ages 12-16)	\$40
Children's Manicure (Ages 6-11)	\$25

The Manicure w/Hand Paraffin	\$65
Shellac Manicure	\$60
Shellac Removal & Manicure	\$75
Artificial Nails	.from \$70
Fills	. from \$50

FluidoTherapy (30min) ..... \$60

An effective dry heat application, using forced heated air for hands & arms, by combining dry heat, sensor circulation and compression. Helpful & effective for arthritic swelling, wounds, decreased circulation, decreased range of motion, and pain. Also an excellent post-surgery therapy.

Foot

### Therapies



French Pedicure\$85
The pedicure using a special polishing technique.
Nail tips are finished in white, with a clear top
coat.

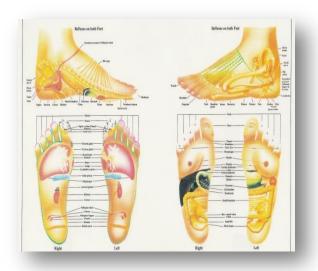
Teen's Pedicure (Ages 12-16) ...... \$60 Children's Pedicure (Ages 6-11) ...... \$30

Pedi-Flex .....\$120

A combination of reflexology, the pedicure and paraffin therapy. Feet are enveloped in warm paraffin followed by a deep massage to the lower legs and feet.

#### Foot Reflexology .....\$130

A therapeutic foot treatment. Feet are slipped into heated boots relaxing the feet. A pressure point massage technique is applied stimulating the reflexes of the feet, inducing relaxation, balancing the system, and improving circulation.



The Pedicure w/Foot Paraffin ...... \$110 The Pedicure w/Callous Treatment ..... \$140



**Sukapao - Thai Foot Ritual ......\$110** A gentle exfoliation to prepare your feet to soak in a warm bath with lemongrass essential oil that relieves stiffness and heaviness. The foot is wrapped in natural banana leaves. An invigorating foot massage with peppermint essential oils completes the treatment to envelope your feet with a feeling of exquisite lightness and freshness. This treatment includes a pedicure.







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